

presents

## A Health & Wellness Event with Dr. Stern at Soul Focus



## Complimentary Fitness Session and Planking Contest for Charity

Friday, June 22, 2018, 5:30 pm

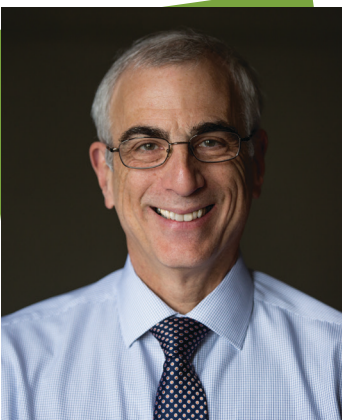
Soul Focus

*(the gym where Dr. Stern and Fran work out and train)*

7 Meridian Road, Eatontown NJ 07724

Fran and Dr. Stern's trainer will conduct a complimentary fitness session and lead a discussion on fitness.

As an added bonus, Dr. Stern will challenge his good friend and founder of Soul Focus, Dr. Raj Gupta, to a planking contest for charity. Dr. Stern is asking you to come cheer him on and bet on his winning (he will!). If Dr. Stern wins, your wager will go to **K9s for Warriors**. If Dr. Raj wins, your wager will go to **fighting opioid abuse**.



Dr. Alan Stern

*This is a free event for you,  
your family, and friends.*

Seating is limited, so please RSVP  
to Fran by **June 20**

by phone at **732-493-8030** or by  
email at **Fran@alansterndds.com**



Dr. Raj Gupta